

Comparison of Social + Emotional Intelligence Assessment Instruments

Competency	SEIP	ESCI	EQ-i	MSCEIT	EQ Map
Author(s)	Belsten	Goleman	Bar-On	Mayer, Salovey & Caruso	Orioli & Cooper
Emotional Self Awareness	•	•	•	• "perceiving"	•
Accurate Self Assessment	•	•	• "reality-testing"	• "understanding"	
Personal Power	•	• "self-confidence"	• "assertiveness" "self-regard"		•
Behavioral Self Control	•	• "emotional self control"	• "impulse control"	• "managing"	•
Integrity	•	• "transparency"	• "social responsibility"		
Innovation & Creativity	•	•	• "problem solving"		•
Initiative & Bias for Action	•	•			
Achievement Drive	•	•			
Realistic Optimism	•	• "optimism"	• "optimism" "happiness"		•
Resilience	•	•			•
Stress Management	•		•		
Personal Agility	•	• "adaptability"	• "flexibility"	• "managing"	
Intentionality	•		• "actualization"		•
Empathy	•	•	•	•	•
Situational Awareness	•	•			
Service Orientation	•	•			
Communication	•	•			
Interpersonal Effectiveness	•		•	•	
Powerful Influencing Skills	•	•			
Conflict Management	•	•			•
Inspirational Leadership	•	•			
Catalyzing Change	•	•			
Building Bonds	•				•
Teamwork & Collaboration	•	•			
Coaching/Mentoring Others	•	•			
Building Trust	•				•